



Career Resources

This resource accompanies the [Helping your young person with career planning presentation](#) video

ACT Government High Schools and Colleges

Explore how our public schools prepare secondary students for their future careers. Each high school and college has transition and careers staff. Vocational Learning Programs, Work Experience, Australian School-based Apprenticeships are available for school or college students. Contact your school for more information.

Career Tools: This web-based program provides information, resources and tools to student and parents.

- Links to your public high school or college careers page can be found at [Career education and pathways for students - ACT Government](#)
- Many Catholic and independent schools also provide students with a Career Tools subscription.

Apprenticeships <https://www.australianapprenticeships.gov.au>

Information and support to become an Australian apprentice.

Australian Defence Force

The ADF has a wide range of entry level career pathways and programs for students: [Student pathways | Jobs & Careers | Defence](#)

Australian Jobs Report 2025 This report provides an overview of the Australian labour market to support young people, job seekers, employment service providers, career practitioners, those considering future training and people interested in the pulse of the Australian workforce.

Beyond Blue

Resources for looking after your mental health and wellbeing as a parent or carer and understanding child mental health. [Parenting and mental health - Beyond Blue - Beyond Blue](#)

Canberra Institute of Technology

CIT is the largest Technical and Further Education (TAFE) provider in the Australian Capital Territory. Qualifications offered by CIT range from certificate to advanced diploma level. CIT has campuses in Bruce, Woden, Gungahlin, Tuggeranong and Fyshwick.

- [Courses: Canberra Institute of Technology \(cit.edu.au\)](#)
- [Career Advice: Canberra Institute of Technology \(cit.edu.au\)](#)
- [Disability support: Canberra Institute of Technology \(cit.edu.au\)](#)



The Future of Jobs Report 2025

This report brings together the perspective of over 1,000 leading global employers—collectively representing more than 14 million workers across 22 industry clusters and 55 economies from around the world—to examine how these macro trends impact jobs and skills, and the workforce transformation strategies employers plan to embark on in response, across the 2025 to 2030 timeframe. [The Future of Jobs Report 2025 | World Economic Forum](#)

Growth Mindset

Mindsets determine people's behaviour, outlook and mental attitude. By knowing about your mindset, you can start thinking and reacting in new ways. Take this quiz to find out more about your mindset. [growth mindset quiz - Google Search](#)

Job Jumpstart for youth [Job Jumpstart](#)

This very helpful website from the Australian Government contains a wide variety of information on everything from how to succeed at interviews to filing taxes as well as helpful tips and ideas about jobs and careers.

myfuture <https://www.myfuture.edu.au>

myfuture is Australia's National Career Information Service. This website provides resources to explore career pathways and tools to develop self-knowledge to help with career decision-making. Information, tools and articles to help you support your child to learn about the world of work and explore careers are available here. [Assist your child | myfuture](#)

Jobs and Skills Australia Discover high-quality data sets, dashboards, and tools to help better understand Australia's skills and labour shortages [Jobs and Skills Australia -- Home](#)

ReachOut

ReachOut Parents is a free service, funded by Australian Government Department of Social Services. Available 24/7, ReachOut Parents provides easy access to professional parenting expertise to help parents and carers feel better prepared to support their teenager. They also offer free one-on-one coaching, practical tips and tools to help parents communicate more effectively with their teenagers and help them maintain a positive and supportive relationship, whatever the situation.

<https://parents.au.reachout.com/>

School A to Z-Career Planning for your child

Experts talk to NSW public school parents about how they can broaden their child's ideas on work and career paths from a young age. <https://www.youtube.com/watch?v=m9KawhtfORI>

School Leavers Information Kit

Your guide to education, training and work from Your Career National Careers Institute [School Leavers Information Kit](#)



The Truth Project

Read about parents' role in career outcomes

<https://thetruthproject.com.au/the-truth-project-parents/>

University Admissions Centre (UAC)

UAC processes applications for university admission. It serves as a centralized system for students applying to most undergraduate and many postgraduate courses at participating institutions, primarily in NSW and the Australian Capital Territory (ACT). UAC also manages equity programs, such as the Educational Access Scheme and Equity Scholarships, to support disadvantaged students in accessing tertiary education. [Home - UAC](#)

Year 12 completions and youth transitions, NCVET 2011 [Yr 12 completion and youth transitions](#)

Year 13 Focusing on life after Year 12, the platform helps young people discover careers and build life skills with their free courses and resources. [Year13 - Create a life you're passionate about](#)

Your Career

Explore careers information to plan your future career or transfer skills to a new job

<https://www.yourcareer.gov.au/>

Youth Sense

Youth engagement platform to helping enterprises, government and parents engage with young people. <https://youthsense.com.au/>