

CIT STUDENT NEWS

18 March 2020

At this time CIT is open, classes are continuing to operate and there have been no confirmed cases of Coronavirus (COVID-19) at CIT. We are monitoring the situation closely and making decisions based on the advice provided by the ACT Health Directorate and the Australian Government Department of Health.

This issue of CIT Student News provides important information to protect the health and safety of our students and staff. We will continue to share information to keep you updated of any developments.



Coronavirus information for CIT Staff and Students

Coronavirus (COVID-19) is a respiratory illness caused by a new virus. Symptoms range from a mild cough to pneumonia. Some people recover easily, others may get sick very quickly. There is evidence that it spreads from person to person. Good hygiene can prevent infection.

Source: [Australian Government Department of Health](#).

The ACT Government is taking a precautionary approach to managing the risk of spread of the virus. CIT is operating in line with recommendations from ACT Health Directorate and the Australian Government Department of Health.

You should also stay informed by accessing information from the ACT Health Directorate: [ACT Health Directorate: Latest information about novel coronavirus \(COVID-19\) in the ACT](#).

Refer to these posters from ACT Health for things everyone can do now: [Preventing the Spread of Germs](#) and [Practicing Good Hand Hygiene](#).

Reinforcing social distancing a CIT

For student and teacher safety, teachers are exploring flexible training delivery options where they can be applied, such as adjusting class sizes and reviewing timetables. Students are being informed on a case-by-case basis as teachers postpone training sessions to put strategies in place to deliver training and practice skills consistent with [social distancing guidelines](#).

Similarly, CIT Libraries are re-arranging the furniture and increasing the space between computer terminals available to enable students to work at the safe recommended distance.

We are cancelling large gatherings and events and encouraging staff to adopt social distancing measures such as, video and teleconference rather than face-to-face meetings. As a general rule, in common areas and lounges keep approximately 1.5 metres of space between yourself and others.

If you are not feeling well, stay home and please continue to practice good hygiene by washing your hands frequently for 20 seconds or longer.

Your personal responsibilities

We can all contribute to reducing the risk of the spread of infections, including novel coronavirus.

Prevent the spread of germs

Good hygiene practices will reduce your risk of getting sick and spreading disease. These ACT Health links: [Prevent the Spread of Germs](#) and [Practicing Good Hand Hygiene](#) clearly show what steps you can take in hygiene care.



Have you recently travelled overseas?

If you have recently returned from overseas you should follow the [advice for travellers](#) on the Australian Government Department of Health website. There are currently various travel restrictions in place for people who have visited certain countries and requirements to isolate themselves as outlined on that website.

Have you been in contact with a confirmed case of COVID-19?

If you have been in close contact with a confirmed case of coronavirus, you must isolate yourself for 14 days from the date of last contact with the confirmed case. Visit the [ACT Health website](#) for further information and instruction.

If you are a **CIT staff member** who is self-isolating, please advise your manager. You should register the details with HumanResources@cit.edu.au. Details required include:

- Name
- Normal place of work
- Reason for self-isolation
- Date self-isolation commenced and due to cease
- Whether the employee is working from home or is accessing a form of leave

If you are a **CIT student** who is self-isolating, please advise your teacher. The following details need to be provided and your teacher is required to register these details with HumanResources@cit.edu.au. Details required include:

- Name
- Normal place of classes and study
- Reason for self-isolation
- Date self-isolation commenced and due to cease

Do you think you might have COVID-19?

If you think you might have COVID-19, visit the [ACT Health website](#) for further information and instruction. ACT Health advise you should call your GP and notify them that you are concerned you may have COVID-19 before you visit your GP.



CIT Student Support is here for you

The CIT Student Support team can provide you with guidance, referrals and support to cope with different aspects of student life. Whether you are feeling concerned about assessments, finances, health issues, homesickness or anything else, the Student Support team is here to help you.

The support services are free for all students and apprentices including international and migrant students, students with a disability and students from equity groups including LGBTQI+. Phone or online support is available for students studying interstate.

For information or to make an appointment, contact **CIT Student Support** on **(02) 6207 3290** or email **CIT.Student.Support@cit.edu.au**.

For general enquiries about your study please contact **CIT Student Services** on **(02) 6207 3188** or email **infoline@cit.edu.au**.



CITSA responding to Coronavirus COVID-19

CITSA is focused on providing the best student experience and that includes treating the health and safety of all CIT staff and students with the utmost importance.

In the current environment surrounding Coronavirus (COVID-19), we are making further changes to our already stringent hygiene standards in our **Fresh 2 Go and Café Yala** locations until further notice:

- We will no longer accept reusable cups at our premises and will provide a disposable cup for all drinks. In line with this we have suspended the 20c reusable cup fee.
- We encourage all transactions to be made via card and avoid, as much as possible, the use of cash as payment. To support this we have suspended all surcharges on card payments.
- Furniture will be spaced out to allow for a safe distance between you and others while you use our facilities.
- Sanitising stations will be placed at all high use areas.
- Doors will be propped open to CITSA areas that don't automatically open to allow you to walk through without touching the door or the handles.
- Suitable food items will be pre-packaged in our kitchens before becoming accessible to the public.
- These are a temporary measures to help further protect the CIT community and we appreciate your help in ensuring we keep a clean and safe environment for all.

If you have any questions, please contact CITSA on citsa@cit.edu.au

CIT is committed to the safety and security of our students and staff. The [Safety Updates](#) webpage will provide you with updates relevant to CIT. Whilst campus closures are not anticipated, in such an eventuality, this page will provide relevant advice.

What's on?

To ensure the safety of students and staff, many larger CIT events have been postponed or cancelled.

- **CIT Global Marketplace**, scheduled for Thursday 19 March 2020, has been cancelled.



(02) 6207 3188 | infoline@cit.edu.au



Connect with us



[UNSUBSCRIBE](#) | [PRIVACY POLICY](#)

You are receiving this email because you are a member of our mailing list.
Email sent by: Canberra Institute of Technology - 37 Constitution Ave, Reid ACT 2601.
CRICOS Provider 00001K | RTO Code 0101. Copyright 2018