

## Support Services for a CIT students and staff regarding sexual harassment

Sexual harassment is not tolerated at CIT. Here are some options for support:

### ***For students:***

**CIT Counselling:** (02) 6207 3290, 9am-5pm, Monday to Friday, or email [citcounselling@cit.edu.au](mailto:citcounselling@cit.edu.au)

Counselling is free and confidential for any CIT student. Counsellors can go through options with you and will be guided by what you want to do. They offer support, including referral to specialist services if you wish. They can help you to deal with the issue, including with stress or other effects. They can provide assistance with supported study arrangements if needed, and if you wish to disclose the issue to your teaching area, they can support you in this.

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### ***For staff:***

**CIT Human Resources:** **6207 3561**

**Employee Assistance Programs:** Free, confidential, offers support, counselling, assistance with work arrangements, referral to specialist services if you wish.

Converge International	<b>1300 687 327</b>
Benestar	<b>1300 360 364</b>
People Sense	<b>1300 307 912</b>
Assure Programs	<b>1800 808 374</b>

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### ***For everyone:***

**Lifeline: 13 11 14** - 24 hours

Crisis support service. Their counsellors will listen and offer you support to get through difficult moments and referral to other services if you wish.

**Your G.P.** may offer medical support and referral to external counselling services.