

Term 1 Week 1 (4th February – 8th February)

Monday 4th Feb	Tuesday 5th Feb	Wednesday 6th Feb	Thursday 7th Feb	Friday 8th Feb
ORIENTATION SESSION. DATE: Monday 4 February TIME: 12noon – 4pm	09:30-12:00 Communications and working with diverse people CHCCOM006/CHCDIV001 CRNs: 23384/23385 Teachers: Kelly Christensen Room: B010	09:30-12:00 Communications and working with diverse people CHCCOM006/CHCDIV001 CRNs: 23384/23385 Teachers: Kelly Christensen Room: B010	09:30-12:00 Communications and working with diverse people CHCCOM006/CHCDIV001 CRNs: 23384/23385 Teachers: Kelly Christensen Room: B010	09:30-12:00 Communications and working with diverse people CHCCOM006/CHCDIV001 CRNs: 23384/23385 Teachers: Kelly Christensen Room: B010
	12:30-15:30 Massage Therapy Practical (Relaxation Massage) HLTMSG001/HLTMSG004/HLTMSG002 CRNs: 23376/23377/23378 Teacher: Sandi Gliddon Room: B004	12:30-15:30 Massage Therapy Practical (Relaxation Massage) HLTMSG001/HLTMSG004/HLTMSG002 CRNs: 23376/23377/23378 Teacher: Sandi Gliddon Room: B004	12:30-15:30 Massage Therapy Practical (Relaxation Massage) HLTMSG001/HLTMSG004/HLTMSG002 CRNs: 23376/23377/23378 Teacher: Sandi Gliddon Room: B004	12:30-15:30 Massage Therapy Practical (Relaxation Massage) HLTMSG001/HLTMSG004/HLTMSG002 CRNs: 23376/23377/23378 Teacher: Sandi Gliddon Room: B004

Term 1, Weeks 2-9 (11th February – 5th April) and Term 2, Weeks 1-8 (29th April – 21st June)

Tuesday		Wednesday	Thursday		Friday	Additional requirements
<p>Term 1 09:00-12:00 Massage Therapy Practical (Relaxation Massage) Teacher: Jimmy Barker Room: B004</p> <p>HLTMSG001/ HLTMSG002/ HLTMSG004 CRNs: 23376/23377/23378</p>	<p>Term 2 09:00-12:00 Remedial Massage Practical (Trigger Point Therapy and Deep Tissue Massage) Teacher: Glenn Jones Room: B004</p> <p>HLTMSG005/ HLTMSG003 CRNs: 23379/23383</p>	<p>Term 2 ONLY 08:30-12:30 CIT Fit n Well Student Massage Clinic Teachers: Conor Robinson, Sandi Gliddon Rooms: B004/B006</p>	<p>Term 1 09:00-12:00 Massage Therapy Practical (Relaxation Massage) Teacher: Sandi Gliddon Room: B004</p> <p>HLTMSG001/ HLTMSG002/ HLTMSG004 CRNs: 23376/23377/ 23378</p>	<p>Term 2 09:00-12:00 Remedial Massage Practical (MFR and Lymphatic Drainage) Teacher: Sandi Gliddon Room: B004</p> <p>HLTMSG005/ HLTMSG003 CRNs: 23379/23383</p>	<p>10:30-12:00 Anatomy and Physiology for Remedial Massage Teacher: Kelly Christensen Room: B010</p> <p>HLTAAP002/HLTAAP003 CRNs: 23390/insert</p>	<p>09:00-17:00 First Aid (1 Day Workshop) Teacher: TBA Room: TBA Date: 4th March</p> <p>HLTAID003 CRN: 23225</p>
<p>11:00-13:00 Massage Therapy Practical (Palpation and Clinical Assessment) Teacher: Glenn Jones Room: B004</p> <p>HLTMSG001/HLTMSG002/HLTMSG004 CRNs: 23376/23377/23378</p>		<p>13:00-15:00 Massage Therapy Practical (Case Studies Clinic) Teacher: Jimmy Barker Room: HLTMSG001/HLTMSG002/ HLTMSG004/HLTMSG003/ HLTMSG005 CRNs: 23376/23377/23378/23379/23383</p>	<p>13:00-15:00 Massage Therapy Practical (Palpation and Clinical Assessment) Teacher: Glenn Jones Room: B004</p> <p>HLTMSG001/HLTMSG002/ HLTMSG004 CRNs: 23376/23377/23378</p>		<p>12:30-13:30 Massage Therapy Practical (Weekly assessment task tutorial) Teacher: Conor Robinson Room:</p> <p>HLTMSG001/HLTMSG002/HLTMSG004 CRNs: 23376/23377/23378</p>	<p>Term 2 - Online learning Manage Personal Stressors in the Work Environment Teacher: Ryka Moore</p> <p>HLTWHS006 CRN: 23391</p>
<p>15:30-17:00 Tutorial Support (optional attendance) Teacher: Kelly Christensen (Term 1) & Sandi Gliddon (Term 2) Room: B004</p>		<p>15:30-17:00 Tutorial Support (optional attendance) Teacher: Kelly Christensen Room: B004</p>	<p>Term 2 ONLY 15:30-17:00 Referring to other health professionals Teacher: Kelly Christensen Room: B010</p> <p>CHCPRP005 CRN: 23389</p>			<p>Online learning Communications and working with diverse people Teachers: Kelly Christensen Room: B010</p> <p>CHCCOM006/CHCDIV001 CRNs: 23384/23385</p>

Subject Title	Co-Requisite units	CIT Subject Number	National Code	Unit(s) of Competency	CRN
Massage Therapy Practical and Clinical Assessment (Continues in semester 2 2019)	Clinic	HESC517	HLTMSG004	Provide massage treatment	23376
		HESC515	HLTMSG002	Assess massage client needs	23377
		HESC514	HLTMSG001	Develop massage practice	23378
Remedial Massage Practical and Clinical Assessment (Continues in semester 2 2019)	Clinic/Treatment Series/Placements	HESC516	HLTMSG003	Perform remedial massage musculoskeletal assessments	23379
		HESC518	HLTMSG005	Provide remedial massage treatments	23383
Communications and working with diverse people	Clinic	COMM496	CHCCOM006	Establish and manage client relationships	23384
		CLTS145	CHCDIV001	Work with diverse people	23385
Referrals and other health professionals	Clinic	COMM497	CHCPRP005	Engage with health professionals and the health system	23389
Anatomy and physiology for massage (Continues in semester 2 2019)	Clinic	HESC502	HLTAAP002	Confirm physical health status	25321
	Clinic	HESC503	HLTAAP003	Analyse and respond to client health information	25322
Manage personal stressors in the work environment	Clinic	HESC522	HLTWHS006	Manage personal stressors in the work environment	23391
First Aid	None	HESC497	HLTAID003	Provide First Aid	23225

	January	February	March	April	May	June
Mon				1		
Tue	1			2		
Wed	2			3	1	
Thur	3			4	2	
Fri	4	1	1	5	3	
Sat	5	2	2	6	4	1
Sun	6	3	3	7	5	2
Mon	7	4	TERM 1 ORIENTATION DAY	8	6	Week 2
Tue	8	5	Week 1	9	7	3
Wed	9	6		10	8	4
Thur	10	7		11	9	5
Fri	11	8		12	10	6
Sat	12	9		13	11	7
Sun	13	10		14	12	8
Mon	14	11	Week 2	15	13	9
Tue	15	12		16	14	10
Wed	16	13		17	15	11
Thur	17	14		18	16	12
Fri	18	15		19	17	13
Sat	19	16		20	18	14
Sun	20	17		21	19	15
Mon	21	18	Week 3	22	20	16
Tue	22	19		23	21	17
Wed	23	20		24	22	18
Thur	24	21		25	23	19
Fri	25	22		26	24	20
Sat	26	23		27	25	21
Sun	27	24		28	26	22
Mon	28	25	Week 4	29	27	23
Tue	29	26		30	28	24
Wed	30	27			29	25
Thur	31	28			30	26
Fri					31	27
Sat						28
Sun						29
						30

Public Holiday	School Holidays	Weekends	School Days - Attendance Required	Resit Week
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Guide to completion of clinic hours for Diploma Remedial Massage

The Diploma of Remedial Massage (HLT52015) training package requires students to complete 200 hours of remedial massage assessment and treatment, including provision of services to client from the general public.

At CIT this requirement, plus assessment of specific skills related to individual units of competency are met by students in the CIT Fit & Well Student Massage Clinic. Students will be rostered to attend clinic shifts as per the timetable. **CIT requires that students attend all scheduled clinic shifts unless they are unable to attend due to illness or exceptional circumstances (must be supported by documentation).**

The information below is a guide for students about how the required 200 hours are achieved over 2 semesters:

Semester 1:

- 48 supervised hours during the 'Massage Therapy Practical' and 'Remedial Massage Practical' classes. This class will provide students with access to the CIT Fit n Well Massage Clinic, and each student will be given the opportunity to provide a fellow student with a one hour assessment and treatment session each week. This will replicate workplace conditions.
- 21 supervised hours working in the CIT Fit n Well Student Massage clinic with clients from the general public. Each shift will require students to provide 3 one hour massage therapy assessment and treatment sessions.
- 20 unsupervised hours to be completed by students at home. Evidence of this must be provided to CIT for assessment purposes.

Semester 2:

- 16 supervised hours during the 'Remedial Massage Practical' classes. This class will provide students with access to the CIT Fit n Well Massage Clinic, and each student will be given the opportunity to provide a fellow student with a one hour assessment and treatment session each week. This will replicate workplace conditions.
- 24 supervised hours working in the CIT Fit n Well Student Massage Clinic with clients from the general public with special conditions, as part of the units 'Adapt Remedial Massage Therapy to Meet Specific Needs' and 'Adapt Remedial Massage Treatments for Athletes'.
- 12 supervised hours working in the CIT Fit n Well Student Massage Clinic with clients from the general public as part of the unit 'Monitor and Evaluate Remedial Massage Treatments'. Each shift will require students to provide 1 one hour massage therapy assessment and treatment session.
- 48 supervised hours working in the CIT Fit n Well Student Massage clinic with clients from the general public. Each shift will require students to provide 3 one hour massage therapy assessment and treatment sessions.
- 30 unsupervised hours to be completed by students at home. Evidence of this must be provided to CIT for assessment purposes.

Total hours achieved = 219