

2022- HLT52015 Diploma Remedial Massage (Full Time)

Block Code: DMESSAGE1

## Stage 1, Term 1: 1<sup>st</sup> Feb – 8<sup>th</sup> April

Wednesday	Thursday	Friday	Flexible Learning
<p>Orientation: Monday 7<sup>th</sup> Feb, Room B10</p> <p>Start: Wednesday 9<sup>th</sup> Feb</p>	<p><b>09:30-11:30 (Blended Learning – Remote and Face to Face)</b> Anatomy and physiology for massage HLTAAP002/HLTAAP003 Room: B06 Teachers:</p> <p><b>CRN: 82682, 82683</b></p>	<p><b>09:00-10:00</b> <b>Remote Learning</b> Law and ethics/WHS/infection control for massage CHCLEG003/HLTWHS004/HLTINF006</p> <p>Teacher:</p> <p><b>CRN: 82687, 82685, 82686</b></p>	<p>Establish and manage client relationships and work with diverse people (CHCCOM006/CHCDIV001) 2 hours per week independent study (continues in term 2). Specifics are supplied in the relevant subject guide.</p> <p><b>CRN: 82679, 82680</b></p>
<p><b>12:00-13:00 face to face</b> <b>OR online tutorial</b> Massage Therapy Practical (palpation and client assessment) HLTMSG001/HLTMSG002/HLTMSG004 Room: B04 &amp; B06 Teacher:</p> <p><b>CRN: 82678, 82677, 82676</b></p>	<p><b>12:00-13:30</b> Massage Therapy Practical (palpation and client assessment) HLTMSG001/HLTMSG002/HLTMSG004 Room: B04 &amp; B06 Teacher:</p> <p><b>CRN: 82678, 82677, 82676</b></p>	<p><b>11:00-12:30</b> Massage Therapy Practical (palpation and client assessment) HLTMSG001/HLTMSG002/HLTMSG004 Room: B04 &amp; B06 Teacher:</p> <p><b>CRN: 82678, 82677, 82676</b></p>	<p>Anatomy and physiology for massage (HLTAAP002/HLTAAP003) 2 hours per week independent study. Specifics are supplied in the relevant subject guide.</p> <p><b>CRN: 82682, 82683</b></p>
<p><b>13:00-14:30 face to face</b> Establish and manage client relationships and work with diverse people (CHCCOM006/CHCDIV001/ CHCPRP003)</p> <p>Room: B10 Teacher:</p> <p><b>CRN: 82679, 82680, 82681</b></p>	<p><b>14:00-16:30</b> Massage Therapy Practical (relaxation massage – massage techniques) HLTMSG001/HLTMSG002/HLTMSG004 Room: B04 &amp; B06 Teacher:</p> <p><b>CRN: 82678, 82677, 82676</b></p>	<p><b>13:00-15:30</b> Massage Therapy Practical (relaxation massage – massage techniques) HLTMSG001/HLTMSG002/HLTMSG004 Room: B04 &amp; B06 Teacher:</p> <p><b>CRN: 82678, 82677, 82676</b></p>	<p>Massage Therapy Practical HLTMSG001/HLTMSG002/HLTMSG004 2 hours per week independent study 5 hours unsupervised massage practice 1 hour self-directed clinic per week (see flexible learning support timetable attached)</p> <p><b>CRN: 82678, 82677, 82676</b></p>

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<p><b>15:30-18:30</b> Practice Clinic</p> <p>Rooms: B04 &amp; B06 Teachers:</p>		<p>RTO Code 0101   CRICOS # 09901K</p>	<p>First Aid – one-day workshop Date TBA (Mondays and Fridays) HLTAID003</p>
			<p>Law and ethics, WHS, and infection control for massage CHCLEG003/HLTHWS004/HLTINF004 1 hour per week independent study. Specifics are supplied in the relevant subject guide.</p> <p><b>CRN: 82687, 82685, 82686</b></p>

## Stage 1, Term 2: 26<sup>th</sup> April – 24<sup>th</sup> June

<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Flexible Learning</b>
<p><b>12:00-13:00</b> <b>OR online tutorial</b> Massage Therapy Practical (palpation and client assessment) HLTMSG001/HLTMSG002/HLTMSG004 Room: B114 Teacher:</p> <p><b>CRN: 82678, 82677, 82676</b></p>	<p><b>09:30-11:30 (Blended Learning – Remote and Face to Face)</b> Anatomy and physiology for massage HLTAAP002/HLTAAP003 Room: B06 Teachers:</p> <p><b>CRN: 82682, 82683</b></p>	<p><b>09:00-10:00 (blended remote/online and face to face)</b> Engage with health professionals and the health system CHCPRP005 Teacher:</p> <p><b>CRN: 82684</b></p>	<p>Engage with health professionals and the health system CHCPRP005 1 hour per week independent study. Specifics are supplied in the relevant subject guide.</p> <p><b>CRN: 82684</b></p>
<p><b>13:00-14:30</b> Establish and manage client relationships and work with diverse people (CHCCOM006/CHCDIV001/ CHCPRP003) Room: B114 Teacher:</p>	<p><b>12:00-13:30</b> Massage Therapy Practical (palpation and client assessment) HLTMSG001/HLTMSG002/HLTMSG004 Room: B04 &amp; B06 Teacher:</p>	<p><b>10:30-12:00</b> Remedial Massage Therapy Practical (palpation and client assessment) HLTMSG003/HLTMSG005 Room: B04 &amp; B06 Teacher:</p>	<p>Anatomy and physiology for massage HLTAAP002/HLTAAP003 2 hours per week independent study. Specifics are supplied in the relevant subject guide.</p>

Note – Timetables are subject to change

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<p><b>CRN: 82679, 82680, 82681</b></p>	<p><b>CRN: 82678, 82677, 82676</b></p>	<p><b>CRN: 82689, 82690</b></p>	<p><b>CO CRN: 82682, 82683</b></p> <p>Establish and manage client relationships and work with diverse people (CHCCOM006/CHCDIV001) 2 hours per week independent study. Specifics are supplied in the relevant subject guide.</p> <p><b>CRN: 82679, 82680</b></p>
<p><b>15:30-19:30</b></p> <p><b>Public Clinic</b> – starts Wednesday 28<sup>th</sup> April</p> <p>Rooms: B04 and B06 Teachers:</p>	<p><b>14:00-16:30</b></p> <p>Remedial Massage Therapy Practical (palpation and client assessment) HLTMSG003/HLTMSG005 Room: B04 &amp; B06 Teacher:</p> <p><b>CRN: 82689, 82690</b></p>	<p><b>12:30-15:00</b></p> <p>Remedial Massage Therapy Practical (trigger point therapy and MFR) HLTMSG003/HLTMSG005 Room: B04 &amp; B06 Teacher:</p> <p><b>CRN: 82689, 82690</b></p>	<p>Massage Therapy Practical HLTMSG001/HLTMSG002/HLTMSG004 2 hours per week independent study 5 hours unsupervised massage practice 1 hour self-directed clinic per week (see flexible learning support timetable attached)</p> <p><b>CRN: 82678, 82677, 82676</b></p>
			<p>Remedial Massage Therapy Practical HLTMSG003/HLTMSG005 2 hours per week independent study + 5 hours unsupervised massage practice per term. Specifics are supplied in the relevant subject guide. 1 hour self-directed clinic per week (see flexible learning support timetable attached)</p> <p><b>CRN: 82689, 82690</b></p>

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			<p>CO Manage personal stressors in the workplace HLTWHS006 1 hour per week independent study. Specifics are supplied in the relevant subject guide.</p> <p><b>CRN: 82688</b></p>
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## Stage 2, Term 3: 25<sup>th</sup> July – 23<sup>rd</sup> Sept

Wednesday:	Thursday	Friday	Flexible Learning
	<p><b>09:30-12:00</b> Adapt remedial massage practice for athletes HLTMSG007</p> <p>Room: B04 and B06</p> <p>Teacher:</p>	<p><b>09:00-10:30</b> <b>Online</b> Undertake small business planning BSBSMB404</p> <p>Room: B108</p> <p>Teacher:</p> <p><b>CRN:</b></p>	<p><b>Flexible Learning</b></p> <p>Adapt remedial massage practice for athletes/conduct advanced taping HLTMSG007/SISSPT307A 1 hours per week independent study. Specifics are supplied in the relevant subject guide. Practical placements as per class schedule</p> <p><b>CRN:</b></p>
<p><b>11:00-13:00 (Blended Learning – Remote and Face to Face) TERM 3 ONLY</b> Anatomy and physiology for massage HLTAAP002/HLTAAP003</p> <p>Room: Teacher:</p> <p><b>CRN: 82682, 82683</b></p>		<p><b>11:00-12:30</b> Remedial Massage Therapy Practical (palpation and client assessment) HLTMSG003/HLTMSG005 Room: B04 &amp; B06 Teacher:</p> <p><b>CRN: 82689, 82690</b></p>	<p>Adapt remedial massage treatments to meet specific client needs HLTMSG006 1 hour per week independent study. Specifics are supplied in the relevant subject guide.</p> <p><b>CRN:</b></p>
			<p>Treatment series HLTMSG008 1 hours per week independent study. Specifics are supplied in the relevant subject guide. 3 x unsupervised massage treatments</p> <p><b>CRN:</b></p>
<p><b>14:00-15:00</b> Remedial Massage Therapy Practical (palpation and client assessment) HLTMSG003/HLTMSG005 Room: B04 &amp; B06</p>	<p><b>12:30-15:30</b> Remedial Massage Therapy Practical (MET/Lymphatic drainage/PNF) HLTMSG003/HLTMSG005 Room: B04 &amp; B06 Teacher:</p>	<p><b>13:00-15:00</b> <b>Term 3 Only</b> Adapt remedial massage treatments to meet specific client needs HLTMSG006</p>	<p>Remedial Massage Therapy Practical HLTMSG003/HLTMSG005 2 hours per week independent study + 5 hours unsupervised massage practice per term. Specifics are supplied in the relevant subject guide.</p>



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	Teacher:  <b>CRN:</b>		RIC HLTMSG006 1 hour per week independent study. Specifics are supplied in the relevant subject guide.
<b>14:00-15:00</b> Remedial Massage Therapy Practical (palpation and client assessment/ortho) HLTMSG003/HLTMSG005 Room: B04 & B06 Teacher:  <b>CRN:</b>	<b>12:30-15:00</b> Remedial Massage Therapy Practical (MET/Lymphatic drainage/PNF) HLTMSG003/HLTMSG005 Room: B04 & B06 Teacher:  <b>CRN:</b>		Remedial Massage Therapy Practical HLTMSG003/HLTMSG005 2 hours per week independent study + 5 hours unsupervised massage practice per term. Specifics are supplied in the relevant subject guide. 1 hour self-directed clinic per week (see flexible learning support timetable attached)  <b>CRN:</b>
<b>15:30-19:30</b> <b>Clinic incorporating treatment series</b>  Rooms: B04, B06, B08 Teachers:  <b>CRN:</b>			Undertake small business planning BSBSMB404 1 hour per week independent study. Specifics are supplied in the relevant subject guide.

## Flexible Learning Support/Self Directed Clinics

Each week there will be drop-in sessions available to students to support them with their flexible learning and assessment tasks. Attendance is optional - students may choose which tutorials they wish to attend.

During these times teachers will also be present to supervise massage clinic treatments. These clinic sessions will be self-directed by the students. Students will be required to arrange their own clients, who may be people from the general public or other students (no treatment charges will apply). All students should aim to complete an average of one hour per week of supervised massage treatment during self-directed clinics to ensure they complete the required 200 hours within the 12-month study period.

	<b>Tuesday</b>
Term 1	09:00-13:00

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	Room: Teachers:
Term 2	09:00-13:00 Room: Teachers:
Term 3	09:00-13:00 Room: Teachers:
Term 4	09:00-13:00 Room: Teachers:





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Subject Title	CIT Subject Number	National Code	Unit(s) of Competency	CRN
First Aid	HESC497	HLTAID003	Provide First Aid	TBC
Massage Therapy Practical	HESC517	HLTMSG004	Provide massage treatment	82676 Year long
	HESC515	HLTMSG002	Assess massage client needs	82677 Year long
	HESC514	HLTMSG001	Develop massage practice	82678 Year long
Reflection, Communications and working with diverse people	COMM496	CHCCOM006	Establish and manage client relationships	82679 Year long
	CLTS145	CHCDIV001	Work with diverse people	82680 Year long
	WELF469	CHCPRP003	Reflect on and improve own professional practice	82681 Semester long
Anatomy and physiology for massage	HESC503	HLTAAP003	Analyse and respond to client health information	82683 Year long
	HESC502	HLTAAPO02	Confirm physical health status	82682 Year long
Remedial Massage Treatment Practical	HESC516	HLTMSG003	Perform remedial massage musculoskeletal assessments	82689 Year long
	HESC518	HLTMSG005	Provide remedial massage treatments	82690 Year long
Engage with health professionals and the health system	COMM497	CHCPRP005	Engage with health professionals and the health system	82684 Semester long
Law and ethics, WHS, and infection control for massage	WPHS113	HLTWHS004	Manage work health and safety	82685 Semester long
	WPHS112	HLTINF004	Manage the prevention and control of infection	82686 Semester long
	LEGL220	CHCLEG003	Manage legal and ethical compliance	82687 Semester long

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Manage personal stressors in the work environment	HESC522	HLTWHS006	Manage personal stressors in the work environment	82688 Semester long
<b>The CRNs below this line are for 202220 with a start week starting July 25, 2022</b>				
Adapt remedial massage for special needs	HESC519	HLTMSG006	Adapt remedial massage treatment to meet specific needs	Semester long
Sports massage	HESC520	HLTMSG007	Adapt remedial massage treatment for athletes	Semester long
Conduct advanced taping	SPRT789	SISSPT307A	Conduct advanced taping	Semester long
Undertake small business planning	MGNT356	BSBSMB404	Undertake small business planning	Semester long
Treatment Series	HESC521	HLTMSG008	Monitor and evaluate remedial massage treatments	Semester long