

Thursday 12 August 2021 - 2:00pm

COVID-19 STUDENT UPDATE

The ACT Government has today announced a 7-day lockdown of the ACT commencing from 5pm Thursday 12 August 2021.

This means CIT will physically close all campuses to all students, staff and members of the community during this period.

CIT campuses will not be accessible from 5pm today Thursday 12 August 2021.

Key messages and communication for all students and stakeholders will be published on the CIT website. For the most up to date information regarding the ACT Government response to COVID-19 please visit https://www.covid19.act.gov.au/home

What does this mean for you?

As always, the wellbeing of our students, staff and the community is paramount. In line with ACT Government announcements regarding the 7 day lock down of the ACT, CIT campuses will be closed from 5pm today, Thursday 12 August 2021.

Please go to the CIT website for CIT specific advice regarding your learning and the support available for you during this period. For ACT Health information regarding the ACT response to COVID-19 please visit https://www.covid19.act.gov.au/home

CIT is implementing transition arrangements for remote teaching and learning activities during this period and will communicate via the CIT website.

Please check the CIT website regularly for updates and ensure your contact details are up to date in CIT self-service. Please also ensure you have access to eLearn and your CIT email account to receive specific information regarding your course.

Wellbeing support for you

This will be a challenging time for us all – here's a reminder of the CIT support available to you during this time:

- CIT Counselling is available for appointments by phone and Telehealth (video call over your computer or phone). Please **phone (02) 6207 3290 or email** citcounselling@cit.edu.au to book a time to talk to a counsellor. We are here to help you.
- Meditation online session by CIT Counsellor Margaret available at 2pm or 2.45pm on Tuesday – just put this link in your internet browser: https://actgov.webex.com/meet/margaret.chua
- The CIT student **Wellness Hub** which is found in eLearn under 'Student Links'. There are tip sheets and links to videos and audio to assist your wellbeing and mental health. Also links to information about coping during Covid.

These additional links may also be useful:

CIT website
eLearn
Self Service
CIT Support Services
ACT Health Website

Leanne

Leanne Cover CIT Chief Executive Officer



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