



**Canberra Institute
of Technology**

CIT Restaurant

Welcome to the CIT Restaurant!

**Your meal is being prepared and served by our Culinary and Hospitality learners
under the supervision of our experienced industry professionals**

Our aim is to provide a reflective workplace environment for our learners to train, learn and grow their experience and skills ready for industry

We appreciate your support, patience and feedback to assist with our learners training and experience

À LA CARTE MENU

Lunch 2 courses \$20

Dinner 2 courses \$25

3 courses \$25

3 courses \$30

Entrée:

Gazpacho

Avocado Mousse - Poached School Prawns
(GF, vegetarian option available on request)

Tasmanian Salmon

Beetroot Cured Tasmanian Salmon - Watercress - Goat's Cheese -
Beetroot Pearls (GF)

Nori Roll

Chicken and Asparagus Nori Roll - Tempura - Pickled Cucumber -
Tamari - Chillí

Duck Breast

Smoked Duck Breast - Orange Segments - Brioche - Hazelnut Dressing -
Charred Baby Cos (GF option available on request)

Diet Dishes:

Entree: Gazpacho - Avocado - Herbs (GF) (Vegan)

Main: Pistachio Crusted Tofu - Broccoli - Chillí - Garlic - Saffron (GF)
(Vegan)

Dessert: Terrine - Nougatine Wafer - Saffron Syrup - Orange (GF)
(Vegan)

(GF) Gluten Free Option (DF) Dairy Free Option
(vegetarian) Vegetarian Option (vegan) Vegan Option

Main

Grain fed beef Striploin

Sous Vide - Assorted Mushroom Tart - Spinach - Red Wine Jus

Chicken Breast

Pistachio Crusted Chicken Breast - Smoked Bacon - Peas - Potato -
Sage - White Truffle Oil (GF)

Snapper

Corn Purée - Creole Spiced Snapper - Citrus Dressing -
Crispy Cabbage (GF)

Cavatelli

Handmade pasta - Broccoli - Chillí - Garlic - Saffron -
Shaved Parmesan (V)

Dessert:

Textures of Chocolate

Brulee - Tart - Cake

Orange

Orange Syrup Cake - Segments - Yoghurt Mousse (GF)

Terrine

Sorbet - Strawberry - Lemon - Mango - Black Sesame Meringue - Jelly
(GF and DF)

Bavarois

Bavarois - Almond Praline - Nougatine Wafer - Saffron Syrup (GF)

Cheese

A selection of Australian cheeses - House made bread - Accompaniments

Please note that not all ingredients are listed on the menu, please advise learners of any dietary requirements before ordering. Thank you