

Diploma of Sport Development (SIS50612)



Delivered online



48 weeks



Online at your own pace, enjoy virtual classrooms with peer and teacher interactions



Option to link your industry placement to your current sport industry workplace



Compulsory five day assessment workshop hosted at Canberra's premier sporting facilities



Access CIT Fit & Well gym and CIT Bruce sports hall throughout your workshop

Stage 1	Stage 2	Stage 3	Stage 4
Foundations of Sport	Sports Administration & Program Development	Maintaining Athlete Development	Advanced Athlete Performance
<p>Coaching</p> <ul style="list-style-type: none"> ▶ SISSSCO303 Plan and deliver coaching programs ▶ SISXCAI306A Facilitate groups ▶ SISSSCO101 Develop and update knowledge of coaching practices <p>Sports Science</p> <ul style="list-style-type: none"> ▶ SISFFIT019 Incorporate exercise science principles into fitness programs <p>Psychology</p> <ul style="list-style-type: none"> ▶ SISSSCO308 Support athletes to adopt principles of sports psychology 	<p>Project Management</p> <ul style="list-style-type: none"> ▶ SISXIND406A Manage projects ▶ SISXRSK502A Manage organisational risk ▶ BSBADM502B Manage meetings <p>Customer Service</p> <ul style="list-style-type: none"> ▶ SISXCCS403A Determine needs of client populations <p>WHS</p> <ul style="list-style-type: none"> ▶ SISXIND404A Promote compliance with laws and legal principles ▶ SISXWHS402 Implement and monitor work health and safety policies 	<p>Injury Management & Prevention</p> <ul style="list-style-type: none"> ▶ SISSSCO512 Assist athletes to prevent and manage injury and illness <p>Recovery</p> <ul style="list-style-type: none"> ▶ SISSSCO513 Plan and implement high performance training and recovery programs <p>Drugs in Sport</p> <ul style="list-style-type: none"> ▶ SISSSCO306 Provide drugs in sport information <p>Nutrition</p> <ul style="list-style-type: none"> ▶ SISSSCO307 Provide nutrition information to athletes 	<p>Technology in Sport</p> <ul style="list-style-type: none"> ▶ ICAICT308A Use advanced features of computer applications <p>Strength & Conditioning</p> <ul style="list-style-type: none"> ▶ CUAWHS501 Maintain a high level of fitness for performance ▶ SISSTC402A Develop strength and conditioning programs ▶ SISFFIT017 Instruct long-term exercise programs <p>Talent Identification</p> <ul style="list-style-type: none"> ▶ SISSSCO410 Implement a talent identification program
<ul style="list-style-type: none"> • As a future leader in the Sports Industry this stage provides students with the fundamental skills and knowledge to deliver coaching programs, and understand the physical and psychological demands of an athlete's performance. 	<ul style="list-style-type: none"> • This stage explores theoretical concepts to strategically analyse sporting organisations. 	<ul style="list-style-type: none"> • This stage explores the skills and knowledge required to implement techniques to assist athlete's manage and maintain performance. 	<ul style="list-style-type: none"> • This stage provides the skills and knowledge to assist athletes to identify, develop and improve on physical performance.

For more information contact

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Note for students not working in sports industry:

In this program, industry placement arrangements include opportunities to work in the sports industry to support their learning and skill development. Industry placement will assist learners by allowing them to gain practical skills and knowledge in real industry settings. These opportunities may lead to internships, and employment.